



EQUISENTIALS TRANSFORMATION

A HEALING WEEKEND RETREAT FOR HORSE AND RIDER

Congratulations on taking the first steps to an enhanced you! By enquiring about the Transformation weekend you have shown you are ready for personal growth, spiritual change and healing for yourself and your horse.

Reconnect and become completely united.

What to Expect

By the end of the Transformation weekend you will be attuned to Reiki one and be able to better communicate with your horse physically and spiritually. You and your horse will receive an energy healing session; your horse will be treated with acupuncture by an internationally certified Veterinary Acupuncturist. You will be able to prevent and manage dis-ease in yourself and your horse and know how to improve your all-round wellbeing.

Programme Outline

Over an intensive two day period you will be treated to a life changing experience. The Weekend will start on Thursday.

Please arrive at the stable yard with your horse at 3pm.

All horses will be Vet checked by Dr Roselle at arrival. Make sure your horse has been vaccinated for Equine influenza and African horse Sickness. Your horse needs to be dewormed two weeks prior. Please bring your worming tube with. Thermo imaging and full Chiro evaluation with Kim.

All sprays and potions need to be clearly marked and in a small container no larger than 40cm by 50cm.

You will be riding, bring all tack. Hard hat is not negotiable. SUNBLOCK!

The Horses and Human will be accommodated at the Equisentials stable yard. Address: 105 Road 4 Eloff. Co-ordinates -26.154550, 28.636200.

"THE HORSE KNOWS.....
HE KNOWS IF YOU KNOW.....
HE ALSO KNOWS IF YOU DON'T KNOW"

-RAY HUNT-



To avoid colic from sudden diet changes we ask that you please bring along ALL your horses' food for the weekend. Please pre-pack and label your grass in old feed bags or teff nets. Alternatively bring small grass bales. Grazing is limited. You will be responsible for taking care of your horse. There will be grooms available to assist you if you need it but we would like you to intimately get to know your horse and get reacquainted with the magic that made u fall in love.

The rest of the schedule is as follows: (please tick the box if you will be attending)

Saturday	8:00 - 9:00	Health check <input type="checkbox"/> ✓	R 500
	9:00 -14:00	Reiki 1 <input type="checkbox"/> ✓	R1000
	15:00- 17:00	Chinese 5 Elements <input type="checkbox"/> OR Feng Sui <input type="checkbox"/>	R500
Sunday	8:00 - 11:00	Remedies <input type="checkbox"/> OR Wounds <input type="checkbox"/>	R500
	11:45 -14:00	Crystals <input type="checkbox"/> OR Manifestation <input type="checkbox"/>	R500
	14:00 -15:30	Horse Therapies <input type="checkbox"/>	R1000
	15:30 - 17:00	Human Therapies <input type="checkbox"/>	R500
Total:			-----

The only sessions that are compulsory for the weekend are the Health check and Reiki one. The rest of the weekend you can pick and choose which sessions you would like to attend.

Accommodation

Accommodation is comfortable dormitory setting. You will be nurtured not only spiritually but physically as well. Bed and a light lunch will be provided. A self-serve kitchen is available, to bring along breakfast and dinner or any other diets you may need. Delmas town is 3km away. There are restaurants and a Pick & Pay nearby if you would like to buy dinner in the evening. If you prefer private accommodation, this will be for your own arrangement and expense. Please contact The BlouWindpomp's contact details are Bookings & General Enquiries: Annelize Venter (Owner & Manager) (082) 857 1030, (013) 667 8900 annelize@stickersign.co.za Agricultural Holding No. 1, Road 8, Eloff, 2211.

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Who are we?

At Equisentials our passion is holistic healing for mind, body and spirit. The concept for a holistic healing centre was founded in 2011 by Kim Dyson. She has a vision of a paradigm shifting equine clinic that would incorporate all forms of healing (alternative and western medicine) and other well-being modalities for both horse and rider. Our goal is not only to treat the manifestation of dis-ease, but to treat the deepest root of the problem in order to prevent illness and pain on a physical, emotional and spiritual level. Kim wants to offer a healing experience for horses and people that will not be found anywhere else on earth. In 2012 Roselle joined her in her vision and Equisentials was born. We offer weekend healing retreats as well as consults and individual healing sessions for both horses and humans. The bottom line is we all work together within one common goal; health, happiness and harmony. Nothing is new under the sun, just the way you see it changes. Every case is different and treated uniquely.

Kim Dyson

After spending time with Kim Dyson, it is easy to understand why she finds it difficult to categorise exactly what she does. Her simplicity of healing is perceived in such complexity. The closest term she has come to this simplicity so far is “complimentary Holistic Healer” but even those words tell only part of the story. It is more a case of reiki-acupuncture-aromotherapy- crystal-quantum-physio-psychic-radionics-homeopathy-angel-colour-herbal-clairvoyant- horsewhisperer-intune, communicator-massage, and celestial-myopathy-nutritional therapist. And oh yes, she works with both humans and animals... after all, she says, it is all the same!

Simplicity. This diversely skilled lady is a bubble of energy, good things, and is passionate about her work. She welcomes a sceptic mind to discover this magic that is within us all. Her approach of, word-of-mouth only, has worked well, garnering a legion of clients across South Africa and neighbouring countries. She also has a respectable following in England and Dubai.

Kim has been an integral part of several winning teams, helping and healing where necessary in order for horse and owner to produce their best efforts. She prepared the Springbok teams for the Tri Nations held in Namibia in 1998 and 1999, as well as the Saddler team for their international event against the USA held in Parys in 2007. She started her Equine BSc in 2008.

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Roselle Hartwigsen

Roselle was born in South Africa and has always been closely associated with animals and their well-being. She grew up on a farm with loads of farm animals and pets and this in combination with a passion for healing inspired her at the age of four to become a vet. Roselle went to Veterinary school at the University of Pretoria (Onderstepoort) straight out of high school. At Onderstepoort she met Kim and was introduced to the world of energy healing and animal communication. She became a Reiki Master in 2008 and has been Reiki healings on horses and humans.

After qualifying as a vet in 2011 Roselle went to the Dubai Equine Hospital to gain work experience in Equine medicine and surgery. During her time there she worked with world renowned veterinarians and famous patients in the flat racing and endurance industry. It was a lame racehorse with back problems that could not be treated with traditional western medicine that inspired her to pursue a career in Alternative Veterinary Medicine especially Acupuncture. Once she returned to South Africa she opened her own practice and started training in Alternative medicine. She qualified as an internationally certified veterinary acupuncturist (CVA) at the Chi Institute of Europe.

Focus of Healing

As a 'holistic complimentary healer' your horse can be helped:

- With any illness/behaviour that cannot be identified or understood
- improve gait quality, performance, range of motion and flexibility
- improve stamina and disposition
- keep muscle injuries (that accompany orthopaedic-type problems) pliable and pain free
- improve body conditioning
- relieve tension and improve circulation
- stimulate the elimination of toxins and waste products

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